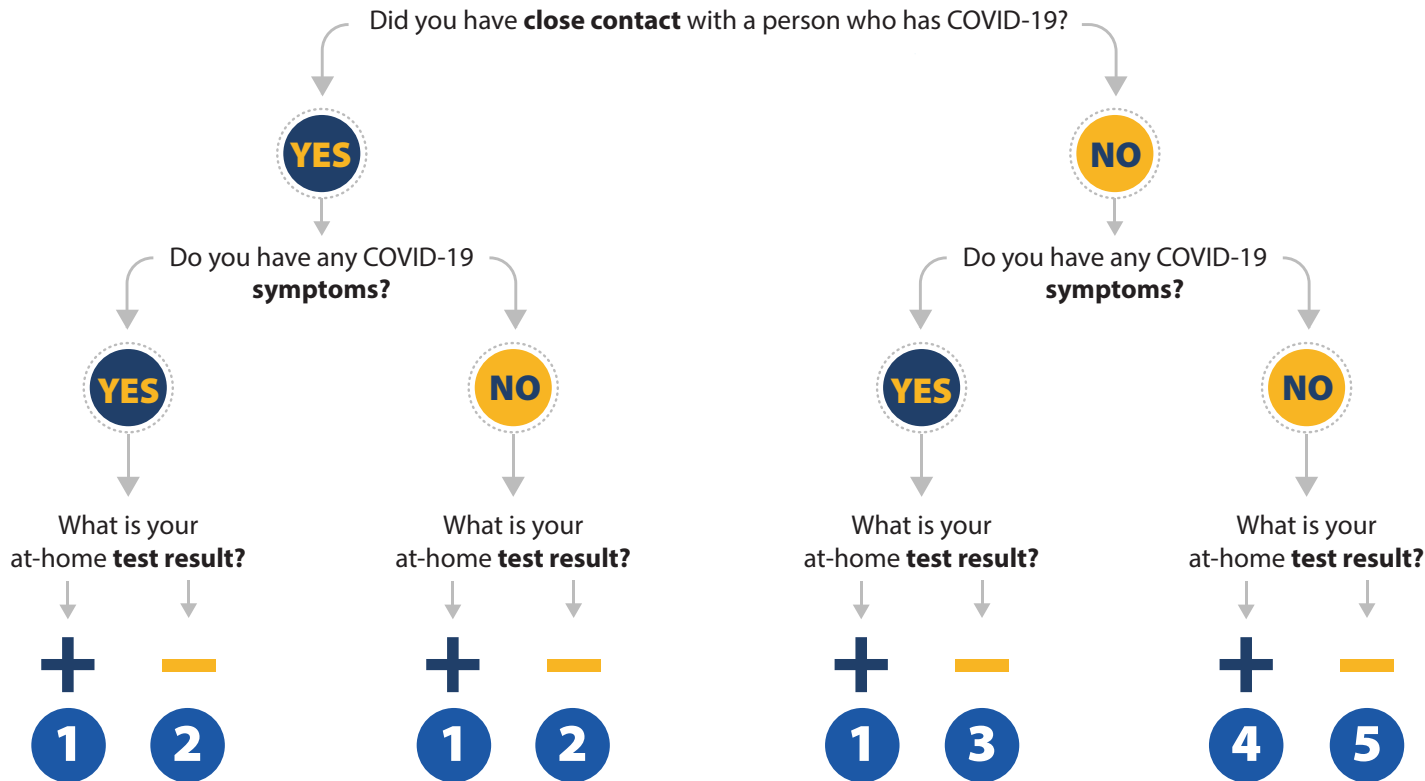


# WHAT DO MY AT-HOME COVID-19 TEST RESULTS MEAN?



- 1** You have COVID-19. You should isolate until you are no longer contagious.
- 2** Test was not able to detect COVID-19, but you might have COVID-19. Take a PCR test and isolate or quarantine.
- 3** Test was not able to detect COVID-19, but you might have COVID-19. Take a PCR test and isolate.
- 4** It is possible you have COVID-19 and are asymptomatic. Take a PCR test and isolate.
- 5** You do not have COVID-19. Continue to practice safety measures.

## DEFINITIONS

- People with COVID-19 should **isolate** from others. People in isolation need to stay home and separate themselves from others in the home as much as possible.
- **Quarantine** is the separation of people who were in close contact with a person with COVID-19 from others. People in quarantine should stay home and away from others and monitor their health closely in case they become ill.
- **PCR** stands for polymerase chain reaction. A **PCR test** is performed at a lab and may take a few days to get results. It detects the virus's genetic material. It is done by a nasal swab, throat swab, or saliva sample. These tests are highly accurate.
- An **at-home test** detects certain proteins that are part of the virus. It is an **FDA-authorized** rapid test for serial testing (testing repeated at different times) or one-time testing. The manufacturer's instructions for performing the testing must be followed.

For questions about COVID-19 testing or to find a testing location, please visit [www.vdh.virginia.gov/covid19testing](http://www.vdh.virginia.gov/covid19testing)

877-ASK-VDH3



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